



European Regional Development Fund - Instrument for Pre-Accession II Fund

## Regional SI4CARE Event

Social Innovation for integrated health CARE of ageing population in ADRION Regions - SI4CARE

**Project SI4CARE:** The project supports the diffusion of social innovation in integrated healthcare services for the elderly population living in remote areas of the Adriatic-Ionian area, through the activation of a joint collaboration network among the stakeholders of the countries and regions involved and using innovative approaches tested and validated by an ICT decision support system.

**The event:** With the event, we want to encourage an active, strategic approach to social development in the field of active and healthy ageing and investing in it. We want to contribute to the realization of the goal of raising the quality of life in our society, look to the future, look for possible partnerships to find synergies in the field of integrated long-term care with the desire to activate as many interested stakeholders as possible.

The event in Ljubljana is taking place under the honorary patronage of the President of the Republic of Slovenia dr. Nataša Pirc Musar.

Venue: Mestni muzej Ljubljana (Ljubljana City Museum), Gosposka ulica 15, Ljubljana

Organized by: University of Ljubljana

Contacts: darja.semrov@fgg.uni-lj.si, simon.colnar@ef.uni-lj.si

#### Agenda:

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8:30	Registration
9:00	<ul> <li>Opening and Greetings</li> <li>Prof. Vlado Dimovski, PhD, SI4CARE project leader</li> <li>Representative of UL Leadership</li> <li>Prof. Metka Tekavčič, PhD, Dean of the School of Economics and Business, UL</li> <li>Prof. Violeta Bokan Bosiljkov, PhD, Dean of the Faculty of Civil Engineering and Geodesy, UL</li> <li>Prof. Boštjan Zalar, PhD, Jožef Stefan Institute</li> </ul>
9:30	<ul> <li>Challenges related to ageing</li> <li>Aleš Istenič, Social Protection Institute of the Republic of Slovenia</li> <li>Gregor Macedoni, Mayor of the Urban Municipality of Novo mesto</li> <li>M. SC. Barbara Žgajner, Home Help Center Maribor</li> <li>Carmen Rajer, Center for Social Work Posavje</li> <li>Mitja Pajek, Co-founder of the portal SeniorDela.si</li> </ul>

10:30	Coffee break
11:00	<ul> <li>Solutions proposed by SI4CARE <ul> <li>Opening the unit for residents with dementia to encourage activities</li> <li>Accessibility to integrated long-term care facilities</li> <li>Mobile application for self-management of heart failure</li> <li>Individualized training based on biomechanical measurements</li> <li>Access to public social services by tm &amp; mobility optimization</li> <li>Nursing by monitoring - institutionalization timely reaction of services</li> <li>Access to public health services</li> <li>Self-assessment of driving behaviour as a predictor to safe driving for the elderly</li> <li>Tele-exercise for the elderly and patients with cognitive disorders/dementia</li> <li>Specialized outpatient clinic for memory, dementia and Parkinson's disease through the national telemedicine network</li> <li>Encouraging the use of ICT solutions for the purpose of better protection of elderly people</li> <li>ICT solution for monitoring the health of patients after returning home</li> <li>Access to public social service by telemedicine monitoring and support for the elderly (Click for life)</li> </ul> </li> </ul>
13:00	Lunch
14:00	Future - University of Ljubljana Multidisciplinary Research and Development Center for Social Innovations for Active and Healthy Ageing
15:30 16:00	Informal Discussion & Coffee

The agenda is the draft of the program that can change until the event.









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# 1. International conference on active and healthy ageing "Social innovations for active and healthy ageing"

### 20.4.2023

Social Innovation for integrated health CARE of ageing population in ADRION Regions - SI4CARE

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**The event:** The 1. International conference on active and healthy ageing "Social innovations for active and healthy ageing" discusses important topics in the field of social innovation that relevant for present and future active and healthy ageing. We want to contribute to the realization of the goal of raising the quality of life in our society, look to the future, look for possible partnerships to find synergies in the field of integrated long-term care with the desire to activate as many interested stakeholders as possible.

The event in Ljubljana is taking place under the honorary patronage of the President of the Republic of Slovenia dr. Nataša Pirc Musar.

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Venue: Ljubljanski grad (Ljubljana Castle), Grajska planota 1, Ljubljana

Organized by: University of Ljubljana

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### Agenda:

9:30	<ul> <li>Press conference</li> <li>Ceremonial signing of SI4CARE Memorandum of understanding</li> </ul>
10:00	<ul> <li>Opening and Greetings</li> <li>Nataša Pirc Musar, President of the Republic of Slovenia</li> <li>Dubravka Šuica, Commissioner for Democracy and Demography</li> <li>Romana Tomc, Member of the European Parliament</li> <li>Nataša Vidnar, Acting Director-General of the Nursing Directorate at the Ministry of Health</li> <li>Luka Omladič, State Secretary Ministry of Solidarity-Based Future</li> <li>Jelena Kolić, Joint Secretariat - Interreg ADRION Programme</li> <li>Zoran Janković, Mayor of the City Ljubljana</li> </ul>
11:00	Prof. Tamara Lah Turnšek, PhD: Why we age - and why we don't? Prof. Stane Pejovnik, PhD: Retirement communities and the silver economy - the case of Akademska vas
12:00	Coffee break
12:30	Prof. Bojan Pretnar, PhD: Intellectual capital in/and social innovation Nena Kopčavar Guček, PhD: Ageing population as a precious resource and as an asset for the country Vida Drame Orožim: New findings and challenges in the field of neurodegenerative diseases
13:30	<b>Vesna Šiplič Horvat:</b> Necessary systemic changes in management of social welfare institutions M. SC. <b>Barbara Kobal Tomc:</b> Challenges of community service development <b>Polona Lah:</b> Homes for the elderly of the new generation
14:30	Lunch
15:30 - 17:30	Roundtable: Healthy and active ageing Moderator: Prof. Katarina Vukojevic, PhD, University of Split School of Medicine Participants in Roundtable: Tadej Beočanin, Mayor of the Ajdovščina Municipality Prof. Matjaž Gams, PhD, Jožef Stefan Institute Nataša Vidnar, Acting Director-General of the Nursing Directorate at the Ministry of Health AP from PPs

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